



TEEN DATING BILL OF RIGHTS

- 1 To always be treated with respect.
- 2 In a respectful relationship, you should be treated as an equal.
- 3 To be in a healthy relationship.
- 4 A healthy relationship is not controlling, manipulative, or jealous.
- 5 A healthy relationship involves honesty, trust, and communication.
- 6 To not be hurt physically or emotionally.
- 7 You should feel safe in your relationship at all times. Abuse is never deserved and is never your fault. Conflicts should be resolved in a peaceful and rational way.
- 8 To refuse sex or affection at anytime.
- 9 A healthy relationship involves making consensual sexual decisions. You have the right to not have sex. Even if you have had sex before, you have the right to refuse sex for any reason.
- 10 To have friends and activities apart from my boyfriend or girlfriend.
- 11 Spending time by yourself, with male or female friends, or with family is normal and healthy.
- 12 To end a relationship.
- 13 You should not be harassed, threatened, or made to feel guilty for ending an unhealthy or healthy relationship. You have the right to end a relationship for any reason you choose.